

Penzance Wheelers Cycling Club

proudly presents:

Lands End Time Trial on 14th April 2024

Run under the rules and regulations of Cycling Time Trials

Course: S53/29* Distance: 28 miles Start time: 8am

Event HQ will be open from 6.45am: Sennen Community Hall, Sennen, Penzance TR19 7AU

Timekeepers: Ian Matthews & Phil Bowden

Marshalls and Helpers: Members and friends of Penzance Wheelers Cycling Club

Refreshments will be provided.

Event secretary: Jonathan Butt, The Chapel, Little Bosullow, Newbridge TR20 8NS

Mobile 07771648865

Course Description: Start in line with edge of the start of the kerb on the bus stop after Sennen on the A30 approximately 10yards inside the 30mph gateway in the direction of Penzance. Proceed East on A30 for 6.67 miles before talking the 1st exit at "Mount Misery" Roundabout onto the A3071 signed St Just. Proceed in the direction of St Just for 5.75 miles before turning left onto the B3306 signed (Lands' End Airport). Proceed for 2.8 miles on B3306 before emerging left back onto A30 in direction of Penzance. Repeat the majority of the 1st lap before finishing at 28 miles in the big layby on the B3306 approximately 200 yards before Lands' End Airport.

Start What3Words - ///impact.neutron.resurgent

Finish What3Words - ///slept.swipes.blip

Turns -

7.85 Miles (Mount Misery R'About) Turn Left onto A3071

13.6 Miles (For Lands' End Airport) Turn Left onto B3306

16.4 Miles Turn Left onto A30

22.3 Miles (Mount Misery R'About) Turn Left onto A3071

28 Miles (For Lands' End Airport) Turn Left onto B3306

The event HQ is approximately ¼ mile away from the race start area. Please collect your number from the hall and sign in to the event.

Notes to riders

Please note the start area has been amended to avoid the mini roundabout at Sennen Cove. The start area is now at the end of a bus stop, just inside the 30mph zone, on the outskirts of Sennen Village on the A30 it will be clearly signposted.

We would ask riders to congregate at the layby before the bus stop and wait to be called forward.

Once the race starts please avoid warming up on the course, we would recommend using the section of road between Lands End and the Sennen Cove roundabout to warm up.

This is a rolling course on rural roads so please consider this when riding your bicycle, please do not cross or hug the white lines on the road. There are some fast decents and some very tight corners.

We have highlighted below areas you should pay extra attention to – so please take note of these. We would **recommend that you ride or drive around the course** before the event so you can make yourself familiar with the course.

You should always abide by the highway code – so riders approaching the turn at the end of lap 1 must give way to traffic and riders who are already on the A30 road that you will be joining. There will be a marshal at this point but they have no power to stop or interfere with traffic.

Front and rear working lights must be fitted, helmets must be worn, no head down riding and please call out your number at the finish.

After completing the event please return to the event HQ, to sign out of the event – do not return to the finish area.

This is a test event for the National Classic series event on May 26th (entry via CTT) or visit our website for more information **www.pzwheelers.cc**

Take special care at the following points:

Through Drift village at approx. 5 miles on lap 1 and also on lap 2 at 19 miles – as you come into the village passing through the 30mph speed limit gateway there is a cross roads (which will be marshalled) followed by a fast decent – after which there is a very tight off camber right hand corner – please take extra care cornering.

Also be beware before entering the village of **Newbridge at 9 miles** on lap 1 and also lap 2 at 23 miles that you will pass by a working farm – so there could be mud on the road or farm activity.

After you turn onto the B3306 heading towards the end of lap 1 and the finish on lap 2 – this is a very tight junction do not cross the white line and please take extra care on the decent – there is a very tight left hand corner at 12.9 miles on lap 1 and also lap 2 at 27 miles which will be sign posted.

After you pass the finish area of lap 1 (after the airport) the road narrows down and has no centre white lines marked on the road – please do not ride in the middle of this road – there will be cycle event warning signs for vehicles approaching you – but it is a narrow road so take extra care.

On joining the A30 for the start of the 2nd lap you must give way to traffic and riders already on that road.